

## **EXSS 1110 A1, A2 Policy Statement and Syllabus Basic Tennis**

The University of Mary Hardin-Baylor  
Department of  
Exercise & Sport Science

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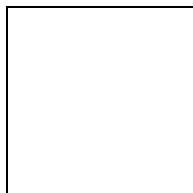
*Exercise & Sport Science courses often involve activities that pose a risk of accident and/or injury. The University of Mary Hardin-Baylor will not be held liable for accidents or injuries due to participation in this class.*

### **COURSE DESCRIPTION**

Knowledge of tennis rules and officiating with instruction and practice in the skills of the game including the service, forehand and backhand, ground strokes and volley.

### **COURSE OBJECTIVES**

1. To demonstrate knowledge of fundamental tennis skills by performing these skills in a match and skill test experiences.
2. To demonstrate appreciation of proper court etiquette by modeling such behavior with your classmates.
3. To demonstrate knowledge of tennis rules and scoring by playing matches with your classmates.
4. To experience the feeling of demonstrating in a competitive environment.
5. To experience play in a tournament format.
6. To demonstrate proper conduct for a tennis spectator by modeling this behavior at a tennis match.
7. To demonstrate knowledge of fundamental tennis skills, the rules of tennis play and scoring, proper on court and spectator etiquette, and basic strategies of play by successfully completing a written examination.



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## SKILLS TEST RAW SCORE CONVERSION

RAW SCORE	(1-100) SCALE SCORE
55-60	100
55-61	98
45-49	95
40-44	91
35-39	89
30-34	86
25-29	83
20-24	80
15-19	78
10-14	75
5-9	72
0-4	70

### ATTENDANCE POLICY

There will be 5 Points off FINAL GRADE for each unexcused absence. Each student is allowed one (1) unexcused absence. **Only University excused absences will be otherwise accepted. Two (2) tardies(10 minutes or more) equals 1 absense.**

### RAIN POLICY

In the event of rain, class will meet.

### LATE WORK/MAKE-UP POLICY

No late work will be accepted. Skill tests and examinations must be taken on the day and time scheduled.

### EVALUATION

One third of your grade will be dependent on your skill achievement as measured by skills test.

One third of your grade will be based on your competitive ability in single or doubles with class members.(as weather allows)

One third of your grade will depend on your knowledge of tennis as measured by a written test.

Additional Learning Opportunities: Students may complete an assignment consisting of 5 abstracts on tennis articles **approved by the instructor** for up to five additional points on their final average. All students desiring to complete this assignment **must receive prior approval for each article, submit one article at a time and COMPLETE ALL ARTICLES BY OCTOBER 4.**

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### Description of Assignments

Class attendance, completion of skill tests, through reading and studying of all written handouts, completion of written examination.

### CLASS SCHEDULE

JANUARY	13	TH	1 <sup>st</sup> Class Meeting
	18	T	The Serve (Romans 7:6 "But now, by dying to what once bound us ,we have been released from the law so that we serve in the new way of the Spirit"
	20	TH	The Swing and Movement (Psalm 56:13) "For Thou hast delivered my soul from death, indeed my feet from stumbling so that I may walk before God, in the light of the living"
	25	T	The Basic Ground strokes (II Timothy 2:17 "Nevertheless, the firm foundation of God stands, having the seal, 'The Lord knows who are His, and "Let everyone who names the name of the Lord abstain from wickedness.
	27	TH	Forehand and Backhand Ground strokes (Psalm 90:17) "And let the favor of the Lord our God be upon us; And do confirm for us the work of our hands"
FEBRUARY			.
	1	T	First Skills Test (II Corinthians 13:5) " Test yourselves to see if you are in the faith; examine yourselves."
	3	TH	Skills Test
	8	T	Volley, (I Thessalonians 4:17, 18) "Then we who are alive and remain shall be caught up together with them in the clouds to meet the Lord in the air, and thus we shall always be with the Lord."
	10	TH	Matches (James 1:12) "Blessed is a man who perseveres under trial; for once he has been approved, he will received the crown of life, which the Lord has promised to those who love Him."
	15	T	Rules and Scoring (Psalms 1:2) "But his delight is in the law of the Lord, and in His law he mediates day and night."
	17	TH	<b>WRITTEN TEST I</b>
	22	T	Matches (I John 1:6) "If we say that we have fellowship with Him and yet walk in the darkness, we lie and do not practice the truth."

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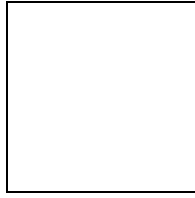
24 TH Final Exam/Skills Test" (Matthew 11:28,29) "Come to Me all who are weary all who are wary and heavy-laden, and I will give you rest. Take my yoke upon you, and learn from Me, for I am gentle and humble in heart; and you shall find rest for your souls."

MARCH 1 T Skills Test makeup

### **Policy Regarding Academic Honesty**

1. Give appropriate credit to ideas that are not your own through correct citation of quotations and paraphrases.
  2. Use your own intellect to complete assignments and not pre-written work found on Internet, texts or through ghostwriters.
  3. Refrain from giving, receiving, or obtaining information about examinations unless authorized by your professor.
  4. Refrain from using any material during examinations that has not been approved by your instructor.
  5. Completed assignments must be entirely your assessments, summaries, synthesis, and observations, not those of classmates or others.
- The minimum penalty will be a zero on the assignment; repeat offenses could result in course failure or expulsion from the class and the university.

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### Statement of Understanding

I have received and read the syllabus for EXSS 1110, Basic Tennis. I understand the policies outlined in the course syllabus.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Date

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